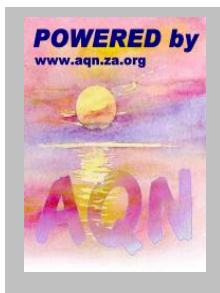


Traditional Climbing Leader course



Recreational Courses

Traditional Climbing Leader course

Traditional climbing refers to the climbing of routes using removable protection (such as “cams”, “nuts” etc.) to protect the climbers. This is the course to do when you want to change from being a “second” or “follower” to being a leader. We teach you everything you need to know to start leading routes using traditional equipment as protection. You will have the opportunity to hone your skills, under supervision, on routes which are within your comfort zone.

Who should do this course?

Any climber wishing to progress from seconding on traditional routes to taking up the sharp end and leading their own climbs.

Topics covered include: equipment, leading fundamentals, anchoring principals, self-rescue, communication, route finding and climbing techniques.

We'll supply all the equipment you need and give you plenty of toys to try out during the course so that you can make informed choices when you do decide to buy your own kit.

Participant requirements: The course is open to any reasonably healthy and physically capable person over the age of 16. Courses for younger participants can be arranged on request.

Course duration & times: 4 days
Usually run over two consecutive weekends.
Usually from 08:00 until approximately 17:00 depending on group size.

Group size & ratios: Minimum of three students required for course to run.
Maximum of 6 students per course.
Maximum of 1 Instructor : 3 Students

Equipment: Venture Forth provides all equipment for this course. Students must only bring appropriate clothing, water and food for the day. We do encourage students to have their own personal equipment (harness, climbing shoes, helmet, belay device and HMS karabiner).

Recommended follow-up programs:

- [MDT Single Pitch Supervisor Course.](#)
- [Full day guided traditional climbing](#)