

## Mountaineering Training Courses Fact Sheet:

### Abseil Guide course



Professional Qualifications Courses

### Abseil Guide course (level 1 & 2)

#### Who should do this course?

This course is aimed at the person who is serious about qualifying for a career as a mountaineering adventure guide or anyone who runs group abseiling adventures as part of their work or recreation such as school teachers, camp councillors and social workers.

For prospective mountain professionals this course is usually the first step on the road to qualify as a rock climbing or mountaineering guide.

The course is based on the MDT Abseil Supervisor (Level 1 & 2) syllabus and is ideal preparation for later assessment as a MDT Abseil Supervisor or for THETA Mountaineering Guide Unit Standards TG20 and TG21 towards a National Qualification in Mountaineering Guiding. After the course you will automatically be registered with the MDT as a learner.

**Topics covered include:** Equipment; knots; personal and client abseiling skills; abseil instruction and communication; anchor construction; fixed and releasable abseil set-ups; hoisting systems; rope ascending; improvised rescue techniques; dealing with emergencies and client care.

**Participant requirements:** The course is open to any reasonably healthy and physically capable person over the age of 18. Courses for younger participants can be arranged on request although MDT registrations will be limited to students over 18 years. Prospective students should have basic rope work, abseiling or climbing experience or have attended an introductory sport climbing course.

**Course duration & times:** 4 days  
Usually run as four consecutive days or over two weekends  
Usually from 08:00 until approximately 17:00 depending on group size.

**Group size & ratios:** Minimum of three students required for course to run.  
Maximum of 8 students per course.  
Maximum of 1 Instructor : 4 Students

**Equipment:** Venture Forth provides all equipment for this course. Students must only bring appropriate clothing, water and food for the day. Students are encouraged to have their own harness, helmet, locking karabiner and abseil/belay device.

#### Recommended follow-up programs:

- [MDT Top-Rope Supervisor Course](#)